



44 Hyper Motor City, P. O. Box 21593, Windhoek, Namibia, Tel: +264 61 383 450
www.oneafrica.tv | GoTV 90 | DStv 284 | DStv Now

MUSIC VIDEO SUBMISSION GUIDELINES

Upload specs:

- Maximum upload: 2GB per video
- Please submit your video in the best possible quality, 720x576 / 1280x720 or 1920x1080 resolution at 25 frames per second (fps) 48khz, 16bit Audio.
- Videos to be delivered in the following formats: Quicktime, AVI Uncompressed, mp4 / H.264.
- The audio levels should generally "peak" at -8db to -6db so that they are not too loud or too soft for the viewers.

Please make sure your video has:

1. A signed release form
2. NASCAM Registration
3. Clear and good quality sound.
4. Ensure your music video is original and doesn't contain 3rd party copyrighted material
5. Don't use strobe effects continuously throughout and this is associated with photosensitivity and epilepsy.
6. Please don't use our logo or any other companies logos in your video (Branding)

Valid reasons to reject videos are:

Technical:

Incorrect delivery format (not 25 frames per second, resolution lower than 720 x 576)

Video quality poor

Audio quality poor

No content depicting:

The use of Alcohol

Tobacco products (Smoking)

Unsuitable Behaviour (nudity, sex, violence)

Language (Use of profanity)